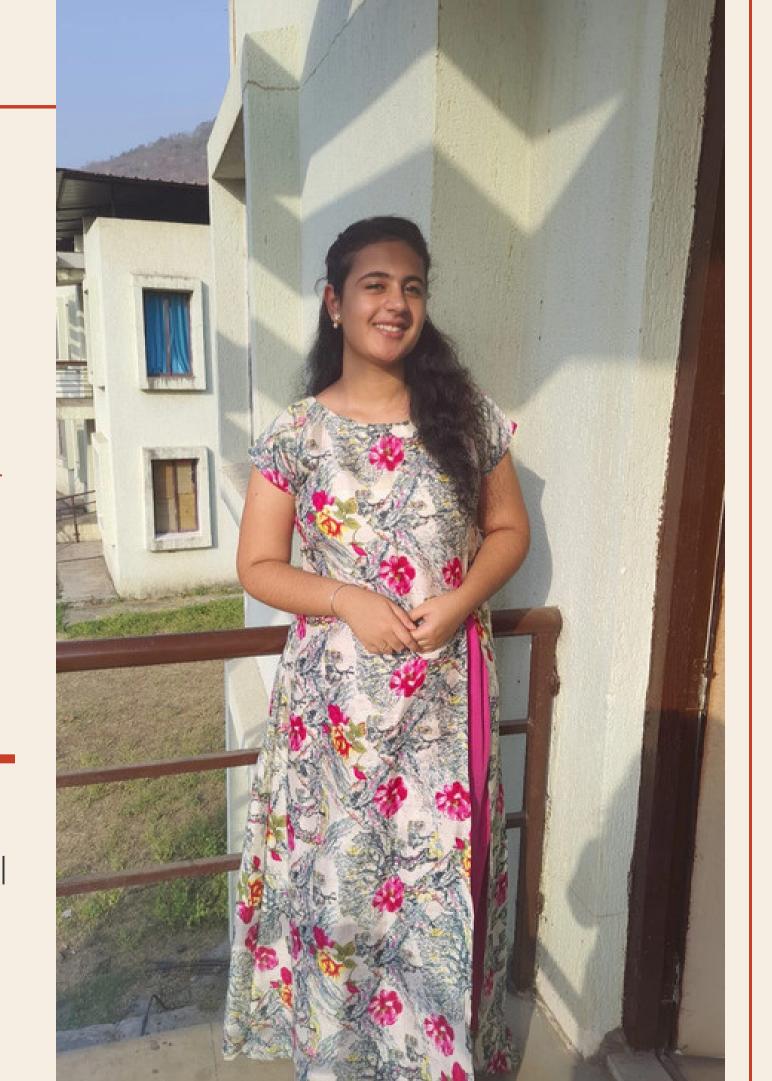
BAREESHA SINGH

SKILLS: PUBLIC SPEAKING | CONTENT CREATION | EVENT MANAGEMENT TOOLS: CANVA | ADOBE DRAW | FILMORA | ANIMAKER | GOOGLE SUITE | MICROSOFT SUITE





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Hand - Art

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Poetry & Storytelling

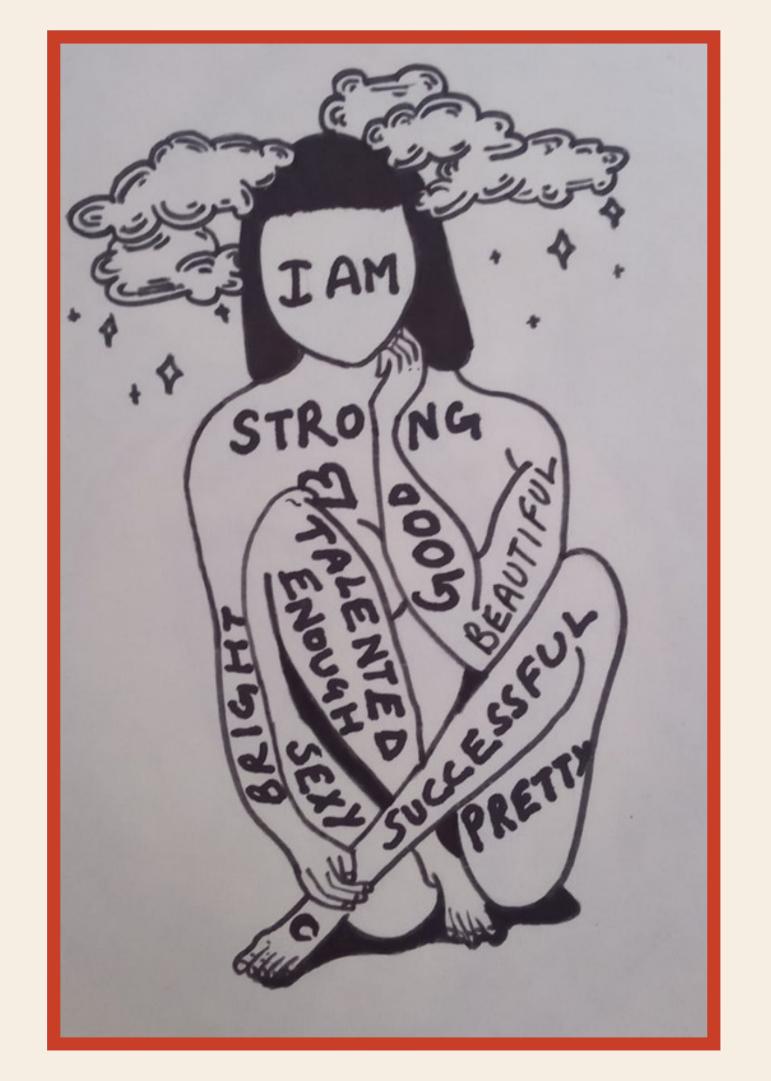
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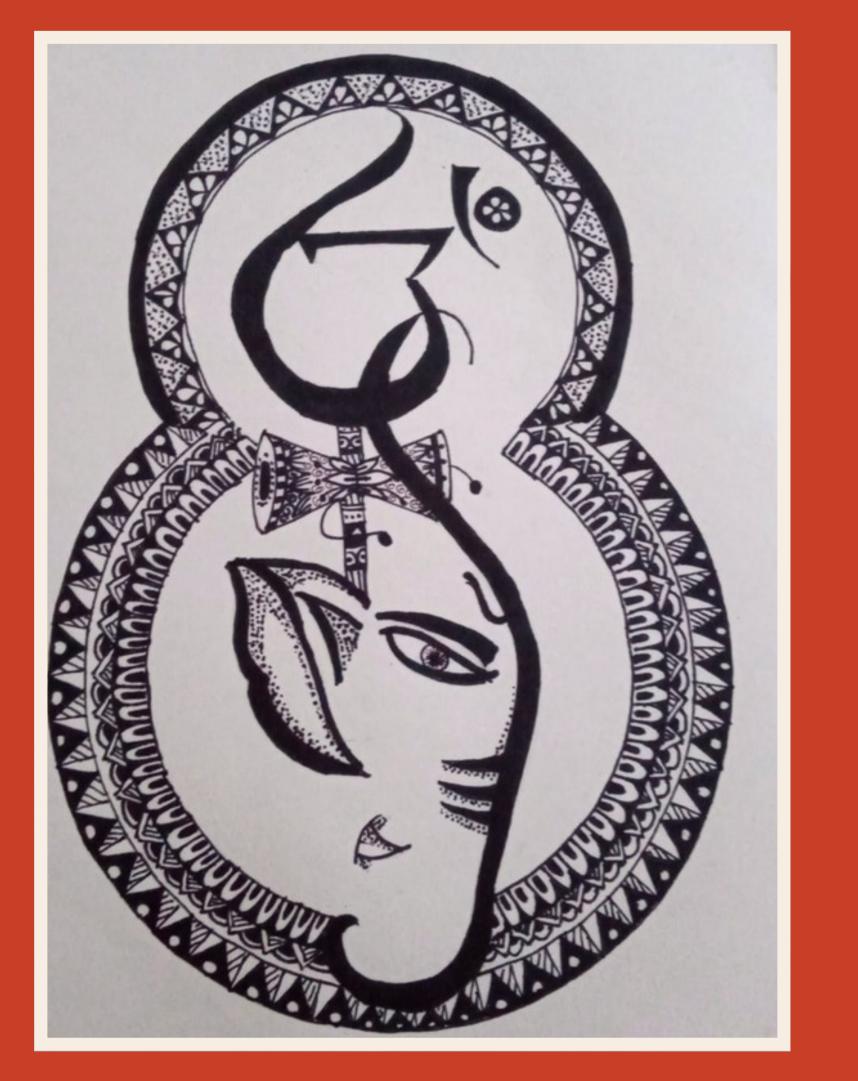
Event Gallery

I AM...

Self Respect, Self-Worth and Self-Love, all start with Self.
Women are often taught to seek external validation and fit the "Perfect" standards set by other people.

It's time we realize that we need to stop looking outside for our value and embrace ourselves the way we are.



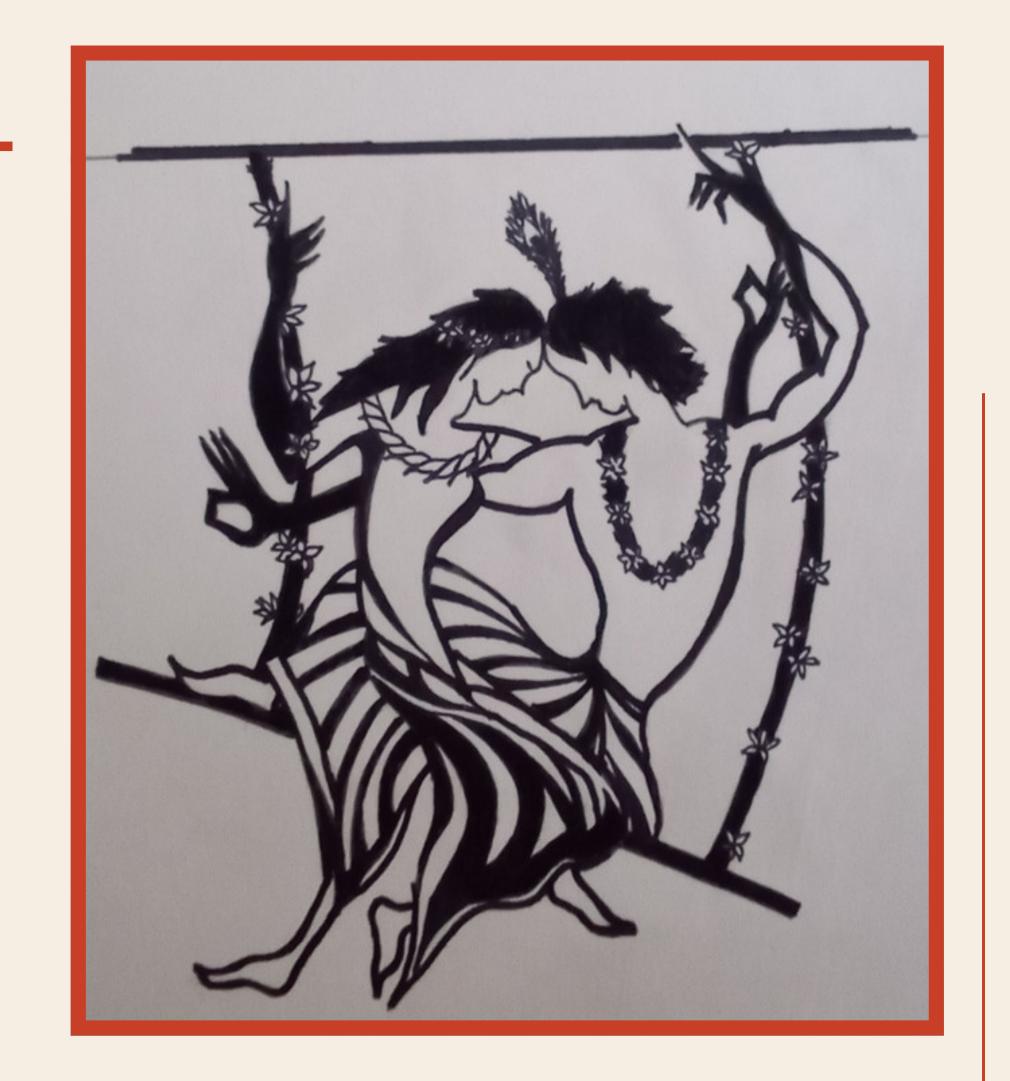


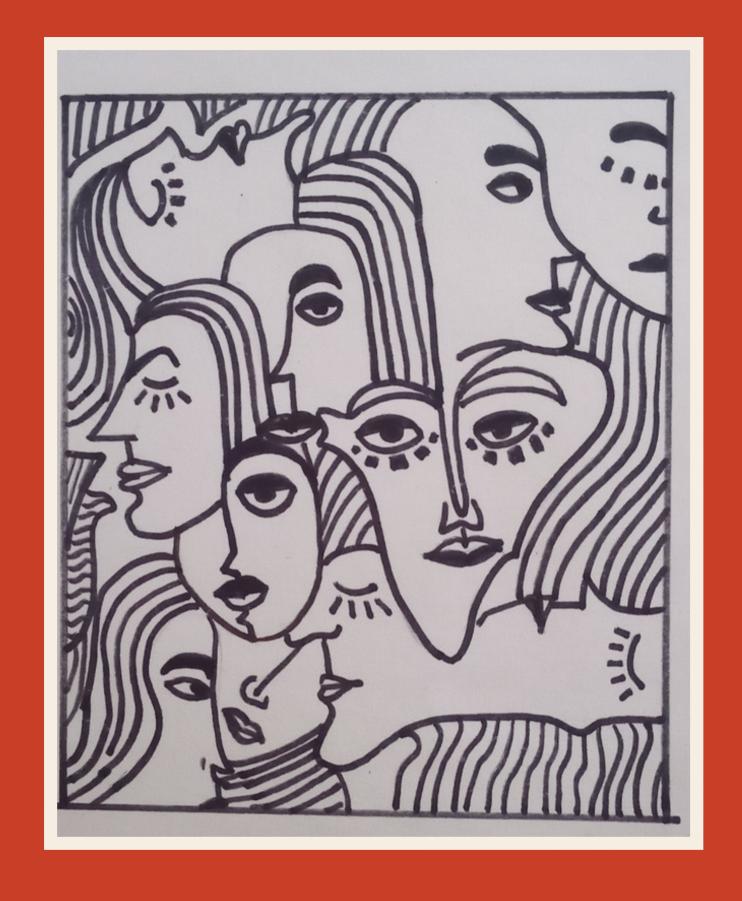
VIRYA

Virya - Positive Energy I made this during the initial phase of lockdown when negitivity was all around as Ganesh Ji is dukh-harta and represent positivity

LOVE IS IN THE AIR

Wanted to convey love, and who could be better than Radha-Krishna





SHADES

This picture depicts the differnt shades of an Individual. Every person plays no. of roles at the same time each of which comes with different responsibilities and expectations. While these can be for the good, they can also bring with them all sorts of pressures and challenges.

Babies are unable to talk or move, yet they easily attract all the attention and love wherever they appear.

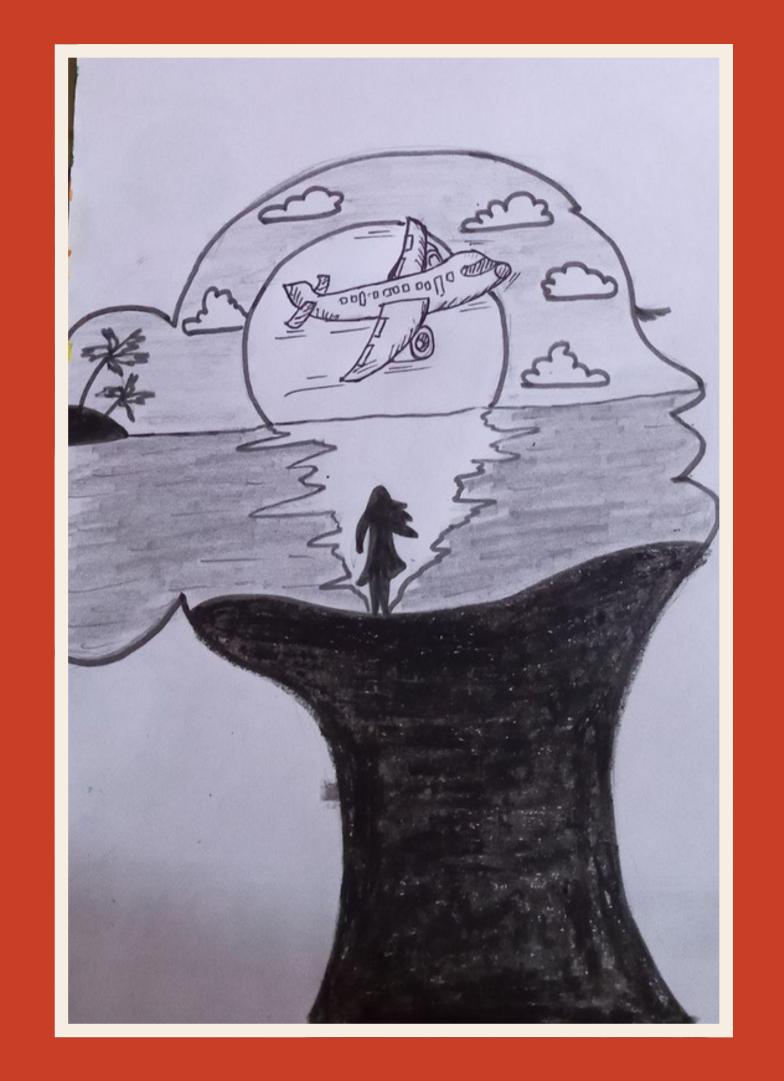
A new baby is like the beginning of all things: wonder, hope, a dream of possibilities. – Eda J. Le

SERENITY

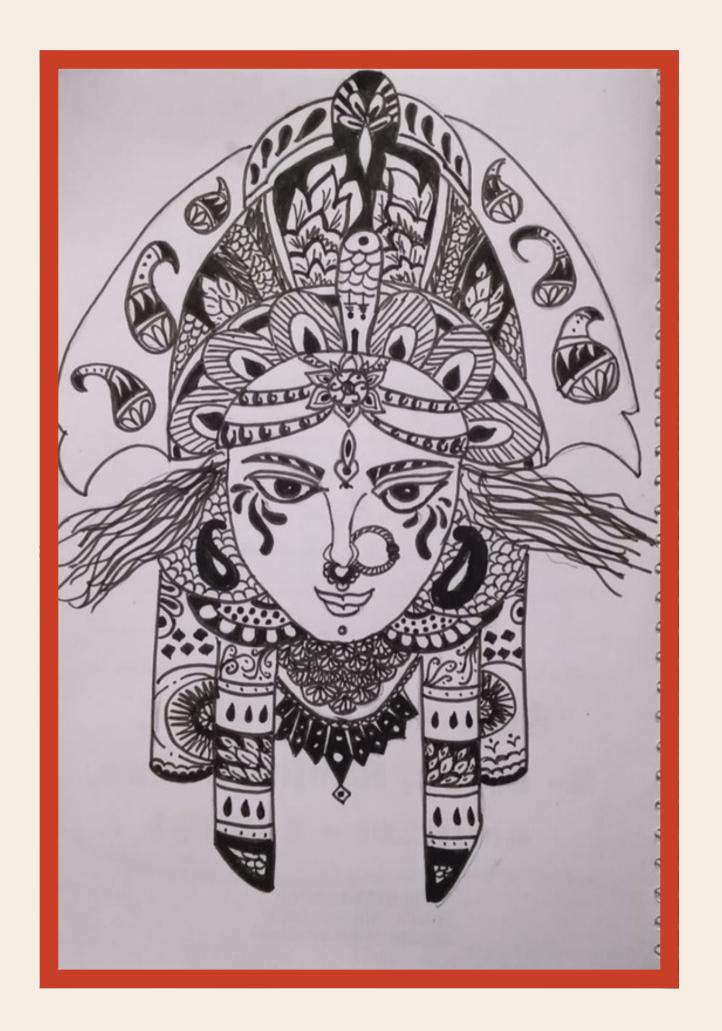


IT'S ME!!

am an aviation enthusiast and dream of becoming a commercial pilot in future. I get so mesmerized on seeing Airplanes, and this is just a potrayal of the same...



The power of a women isn't by what she were but by he possibility to make choices for hearly. The way she drewer 4 one of them... Scanned with























FELLOW -YOUNG LEADERS FOR **ACTIVE CITIZENSHIP**

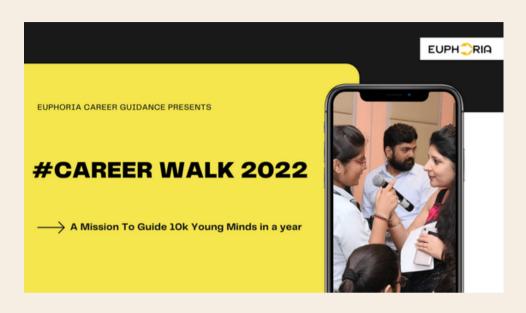
My job as a fellow was to create meaningful and engaging content while generating organic as well as inorganic reach. These are some of the pieces that i created apart from the reels, videos and instagram lives that i conducted during the fellowship.

Generated good reach - 185K+ with 12K+ Content Interactions and multiple viral posts (likes more than 5,000) in 15 days. Initiated long term campaigns to incite conversations and boost audeince

Worked on Collaborations & Online Events as well

engagement.

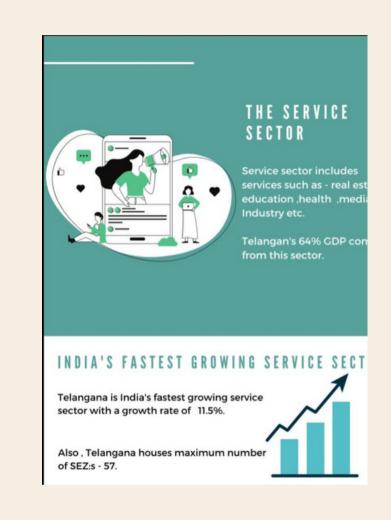
GLIMPSE - BROCHURES & MAGAZINES

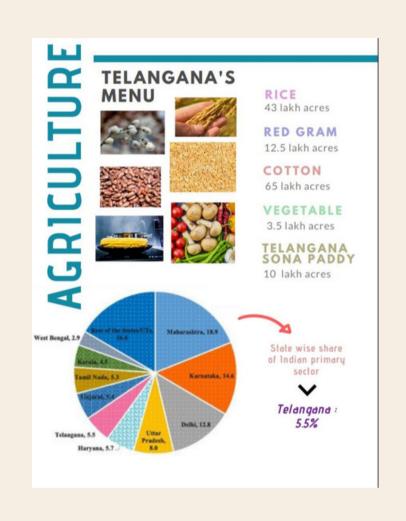










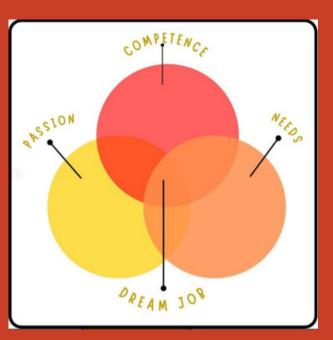
























INTERN EUPHORIA CAREER GUIDANCE (A UNIT BY RAISING BRANDS)

The company gave me a platform to explore my creativity & head their digital marketing - from social media to email campaigns and lead handling

Main Tasks taken care were:

- Campaign Ideation -
- Graphic Designing -
- Video Creation & Editing -
- Research & Development -
 - Team Handling -

SPOKEN WORD POETRY STORY TELLING



Hum, Humari Society Aur Yeh Social Standards

Ye hum hai, ye humari sociecty hai, or yaha har taraf bully ho rahi hai!!
Har ghar mein, har kone mein, kisi na kisi tarah, ho rahi hai.

Kal dekha tha, Riya ko kam marks ke liye kitna sunaya tha,

Itne kaale ladke se kon shaadi karega kehkar Rohan ko kitna sataya tha.

Thoda kam khaya karo, achi dikhogi, kisise uski apni hi maa ne kaha tha,

Or voh chahkar bhi chup rehgayi, najane usne kitna kuch saha tha!! In chhotein chhotein taano se inki hasi kahi kho rahi hai, kyunki bullying yaha har taraf ho rahi hai...

Jab maa baap technology nahi samajh pate, bete ko jhat se gussa aajata hai,

Aapne aaj tak kiya hi kya hai, itni asaani se vo keh jaata hai,

Vahi gussa vaapis apni bahu pe nikala hai, uski achi khaasi koshisho ko bhi taano ke neeche daba dala hai,

Inki identity or self-esteem kone mein kahi ro rahi hai, kyunki bullying yaha har taraf ho rhi hai...

Itni raat ko konsa kaam, aaj fir kisi ladki ko sunaya gaya,

Tum drink kyu nahi karte yaar, aaj bhi apne hi dost ka mazaak banaya gaya,

Red lipstick lagao to bullying, makeup pasand nahi to bullying,

Kaam nahi karte to bullying, din-raat kaam karte ho to bullying,

Ladka rota hai to bullying, Ladki ladti hai to bullying!!

Ye sab sochkar dil mein kuch ho raha hai, ki bully yaha har koi ho raha hai,

Hume na thoda sambhalne ki zaroorat hai, in toxic social standards ko thoda badalne ki zaroorat hai...

Ek baar nazaria badalkar to dekhie, ye dunia sachmein bohot khoobsurat hai!!



Co-Author to Anthology: Cause, Contrast & Chronicles

View Here





SEWAAMINUTE BEYOND OURSELVES

Won 1st Prize for "ODE THE TALK" - Extempore Competition

View Here



View Here

#SheChampionsHer



Event Gallery



Speaker Of The Year



World Health Day : Menstrual Health Campaign

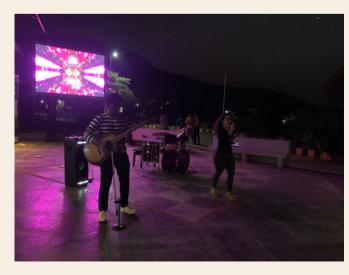


Well Being Activities



Jam Night





Nukkad Natak - Women Empowerment

Sex Ed -Workshops - Karjat Govt Schools

MY WORK ON DICITAL MEDIA

INSTAGRAM (PERSONAL)

<u>@bareeshasingh</u>

INSTAGRAM (OFFICIAL - MY DIGITAL ART)

<u>@euphoriacareerguidance</u>

WEBSITE (BEING DESIGNED & DEVELOPED BY ME)

www.roohidhingra.com

VIDEOGRAPHY BY ME

Short Film - Mental Health

Leaders Convene Invite

#BeSpoke Program

Student Testimonial

Career Walk Glimpse 1

USA DAY 1 Glimpse

Note: Click To Open Links

THANK YOU

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